

ARCON: BASIC TAKEDOWNS AND GROUND CONTROL

This course is open to all sworn Patrol and Detention personnel for both Sheriff's Offices and Police Department personnel.

Attendees can expect a hands-on learning environment to include discussion and training where application of laws will be attached directly to real life use of force training. Current case laws will be reviewed, with each discipline instructed. Attendees will be trained in demonstrated force techniques, then demonstrate competencies through observed physical interactions with fellow students. The following will be specifically covered:

Graham v Conner	ARCON Takedowns
ARCON Handcuffing	ARCON Ground Control
De-escalation Techniques	

Attendees will need to be in attire conducive to rolling on mats, being taken down in training exercises and restrained. Bring your regular duty equipment !

PRESENTED BY: *Cole Kuta ICRMP Law Enforcement Risk Specialist*

Dates:	August 25th, 2026
Time:	13:00 – 17:00 hours
Hosted By:	Spirit Lake Police Department
Location:	Timberlake High School
	5973 W. Highway 54 Spirit Lake, ID 83869
Tuition:	Free for ICRMP Members

This course has been approved for 4 hours of POST training credit.

For more information or to register, please contact Cole Kuta @ ckuta@icrmp.org