

## **ARCON: Strikes, Blocks, Takedowns & Ground Ground Control**

**This course is open to all sworn Patrol and Detention personnel in both Sheriff's Offices and Police Departments.**

**Attendees can expect a hands-on learning environment to include discussion and training where application of laws will be attached directly to real life use of force training. Current case laws will be reviewed, with each discipline instructed. Attendees will be training using force techniques demonstrated and will demonstrate competencies through observed physical interactions with fellow students. The following will be specifically covered:**

**ARCON Techniques: Strikes, Kicks, and Blocks.  
Takedowns, Handcuffing & Ground Control  
Baton strikes.**

**Descalation, Graham v Conner & Kopec v. Tate**

**Attendees will need to be in attire conducive to rolling on mats, being taken down in training exercises and restrained. Bring your regular duty equipment.**

**PRESENTED BY: Cpl. Jared Chalmers, IDOC**  
*Cole Kuta, ICRMP Law Enforcement Risk Specialist*

**Dates: March 23, 2026**  
**Time: 08:00 – 16:00 hours**  
**Hosted By: IDOC Probation & Parole**  
**Location: 2225 W Broadway St, Idaho Falls, ID 83402**  
**Tuition: Free for ICRMP Members**

**This course has been approved for 8 hours of POST training credit.**

*For more information or to register, please contact Cole Kuta @ [ckuta@icrmp.org](mailto:ckuta@icrmp.org) .*